

Health and Wellbeing City Priority Plan 2011 to 2015

Vision for Leeds 2030

The Leeds Initiative, our city partnership, has developed the Vision for Leeds 2011 to 2030 – a long-term plan for the future development of the city. The purpose of this plan is to improve life for the people of Leeds and make our city a better place. After listening carefully to what local people, businesses and organisations have said, our vision is that:

By 2030, Leeds will be locally and internationally recognised as the best city in the UK.

This long-term Vision is supported by three aims.

- Leeds will be fair, open and welcoming.
- Leeds' economy will be prosperous and sustainable.
- All Leeds' communities will be successful.

The Vision will be the driver for the city's other strategies and action plans and for our continued partnership working over the next 20 years. However, we know that it is difficult to anticipate all the changes that will take place between now and 2030 and we also recognise that there are urgent issues that we need to address now. This is why, alongside the long-term Vision for Leeds, we are publishing the City Priority Plans, which sets out the key outcomes and priorities to be delivered by the council, and its partners, over the next four years.

What do we want to achieve by 2015?

In the current environment of reduced public funding, we have to make difficult choices about where we can make progress by 2015. We have developed a set of priorities that we must do over the next four years - urgent issues that we need to address to deliver our long term ambition to be the best city in the UK.

Five separate action plans have been drawn up to deliver these priorities. These are:

- Children and Young People's City Priority Plan;
- Health and Wellbeing City Priority Plan;
- Housing and Regeneration City Priority Plan;
- Safer and Stronger Communities City Priority Plan;
- Sustainable Economy and Culture City Priority Plan.

Measuring our progress

Along with the four-year priorities, the partnership has identified a series of headline indicators. These have been chosen as the best overall measure of our progress towards the priority. In addition, we will track other indicators and measures of our progress, which will make sure we have a more detailed understanding of the factors that impact on achieving our priorities.

The vision for Leeds to be the best city... for health and wellbeing

The long term vision is:

Leeds will be a healthy and caring city for all ages where:

- people live longer and have healthier lives;
- people are supported by high quality services to live full, active and independent lives; and
- inequalities in health are reduced, for example, people will not have poorer health because of where they live, what group they belong to or how much money they have.

The four-year priorities are given on the attached chart along with the main areas for action and the headline indicators. The main areas include the following:

Helping people choose healthier lifestyle covers a range of activities including: increasing the role of frontline staff and voluntary sector in improving community health; developing local people as health champions; the 'Leeds Lets Change' programme focussing on healthy eating and physical activity; and supporting work on smoking, alcohol and illegal drug use.

The Health and Social Care transformation programme focuses on how health and social care services will work together better to help people stay active and independent for as long as possible. If care is needed, this will be provided in their own homes or communities if possible so reducing the risk of being admitted to hospitals or care homes.

There are a range of wider social, economic and environmental factors that affect people's health and these are particularly responsible for some people having poorer health than others. Reducing health inequalities work will focus in the first instance on children under five. However, there will be work to support the other four strategic partnerships to address how housing, education, transport, green space, work and poverty can affect health and what we can do to help everyone have the best chance to be healthy.

The more detailed action plans for the priorities are being developed and we are using the 'outcomes based accountability' approach to ensure that the partnership agrees what difference we are aiming to make for the population of Leeds. It is important that the plan gives equal importance to the actions to improve public health as to the ones on transforming health and social care services. The development of the shadow Health and Wellbeing Board later this year and a full Joint Health and Wellbeing Strategy next year as a result of the *Equity and Excellence: Liberating the NHS* will build on the work to develop this city priority plan.

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Vision

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4 Priorities	13 Actions	Headline Indicator
People will make healthy lifestyle choices	<ul style="list-style-type: none"> • Helping people not to smoke or be exposed to second-hand tobacco smoke • Making sure people are free from harm caused by alcohol • Helping people to eat a healthy diet and be more active 	Life expectancy in all areas of Leeds (Healthy Life Expectancy subject to Office National Statistics development work)
People live safely in their own homes	<ul style="list-style-type: none"> • Develop intermediate care services • Reduce avoidable admissions to hospitals and care homes • Enhance re-ablement and prevention services 	Rate of emergency admissions to hospital and admissions to care homes
People will have choice and control over their health and social care services	<ul style="list-style-type: none"> • Increase uptake of personal health and social care budgets • Enhance the quality of life for people with long term conditions 	Proportion of people with long-term conditions feeling supported to be independent and manage their condition
People who are poorest improve their health fastest	<ul style="list-style-type: none"> • Minimise the impact of poverty on the health of 0 – 5 year olds • Support action on housing, transport and open spaces to improve health • Support people back into work • Increase advice and support to minimise debt and maximise income of individuals and families • Ensure equitable access to services that improve health 	Children achieving a good level of development at age 5 ensuring the most deprived 20% of areas do better faster